

COLON AND RECTAL ASSOCIATES, LTD.

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FLEXIBLE SIGMOIDOSCOPY INSTRUCTIONS

USE ONE FLEET ENEMA (GREEN AND WHITE BOX) TWO HOURS BEFORE LEAVING FOR YOUR APPOINTMENT.

USE ANOTHER FLEET ENEMA (GREEN AND WHITE BOX) ONE HOUR BEFORE LEAVING FOR YOUR APPOINTMENT.

IF YOU HAVE A MORNING APPOINTMENT, YOU MAY EAT A LIGHT BREAKFAST.

IF YOU HAVE AN AFTERNOON APPOINTMENT, YOU MAY EAT BREAKFAST AND A LIGHT LUNCH.

IF YOU HAVE HAD KNEE REPLACEMENTS, HIP REPLACEMENTS, OR A MECHANICAL HEART VALVE PLACED, AND YOU ARE REQUIRED TO TAKE ANTIBIOTICS FOR DENTAL APPOINTMENTS, YOU WILL NEED TO TAKE THAT ANTIBIOTIC FOR THIS OFFICE EXAMINATION AS WELL.

Revised 12-16-14